

Medicinal Properties

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Susan Bara, who researched and compiled the data, is an Herbal Educator and Naturalist who has been working with medicinal plants for 20 years. She is a 2012 graduate of the Clinical Herbalist program at David Winston's Center for Herbal Studies and a Certified Naturalist through Delaware Nature Society. The Medicinal Value information contained within the Flora of Delaware online database is drawn from her 2012 research paper ***Medicinal Plants of Delaware***. This information is presented as a historical and educational overview of known medicinal plants and their properties that grow in the state of Delaware.

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Note to Readers

The authors and publishers of this website do not condone the wild harvesting of native plants. State regulations prohibit the harvesting of plants from public lands. Wild harvesting of plants is strongly discouraged due to the dangers of misidentification, potential ecological damage, and legal regulations. The information presented on this website is not adequate for the safe identification, harvesting, or use of plants for medicinal purposes.

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